

Growth Mindset Phrases



FOR KIDS



MISTAKES ARE HOW I LEARN.

I CAN'T DO THIS... YET.

I'LL KEEP TRYING!

EVERY STEP I TAKE, I GET BETTER.

PRACTICE MAKES PROGRESS.

I CAN DO HARD THINGS.

I'M NOT AFRAID TO TRY AGAIN.

IT'S OKAY TO FEEL FRUSTRATED—IT MEANS I'M LEARNING.

EFFORT IS MORE IMPORTANT THAN PERFECTION.

HARD WORK HELPS MY BRAIN GROW.

CHALLENGES MAKE ME STRONGER.

I DON'T KNOW IT NOW, BUT I WILL FIGURE IT OUT.

🌱 GROWING MY BRAIN: A GROWTH MINDSET REMINDER 🌱

➤ LEARNING SOMETHING NEW FEELS UNCOMFORTABLE. IT'S LIKE RIDING ON A ROAD I'VE NEVER BEEN BEFORE.



FEELING UNCOMFORTABLE IN MY BODY DOESN'T MEAN I'M DOING IT WRONG.



IT MEANS MY BRAIN IS STRETCHING AND GROWING!

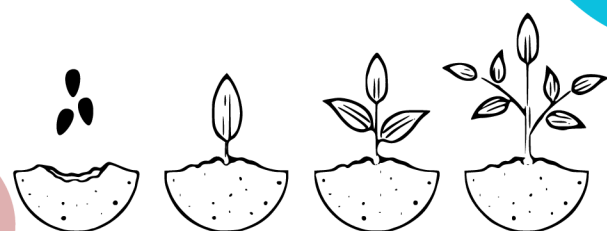
📌 KEEP GOING. KEEP GROWING! ✨



I WILL ASK FOR HELP IF I NEED IT.
MISTAKES MEAN I'M TRYING.
THIS MIGHT TAKE TIME, AND THAT'S OKAY.



WHAT CAN I LEARN FROM THIS?
IT'S OKAY TO FEEL UNSURE!
EVERY EXPERT WAS ONCE A BEGINNER.



I AM PROUD OF HOW HARD I AM TRYING.
MY BRAIN GROWS EVERY TIME I TRY SOMETHING NEW.
I WILL KEEP GOING, EVEN WHEN IT FEELS TOUGH.